

1

January

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
30	31	1 元日	2	3	4	5
6	7	8	9	10	11	12
13	14 成人の日	15	16	17	18	19
20	21	22	23	24	25	26
27	28	29	30	31	1	2
3	4	5	6	7	8	9

2

February

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3	4	5	6	7	8	9
10	11 建国記念の日	12	13	14	15	16
17	18	19	20	21	22	23
24	25	26	27	28	1	2
3	4	5	6	7	8	9

3

March

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	1	2
3	4	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21 春分の日	22	23
24	25	26	27	28	29	30
31	1	2	3	4	5	6

4

April

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	29	30
31	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19	20
21	22	23	24	25	26	27
28	29 昭和の日	30 退位の日	1 即位の日	2 休日	3 憲法記念日	4 みどりの日

5

May

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29 昭和の日	30 退位の日	1 即位の日	2 休日	3 憲法記念日	4 みどりの日
5 こどもの日	6 振替休日	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	1
2	3	4	5	6	7	8

6

June

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
26	27	28	29	30	31	1
2	3	4	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21	22
23	24	25	26	27	28	29
30	1	2	3	4	5	6

7

July

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23	24	25	26	27	28	29
30	1	2	3	4	5	6
7	8	9	10	11	12	13
14	15 海の日	16	17	18	19	20
21	22	23	24	25	26	27
28	29	30	31	1	2	3

8

August

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28	29	30	31	1	2	3
4	5	6	7	8	9	10
11 山の日	12 振替休日	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
1	2	3	4	5	6	7

9

September

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
25	26	27	28	29	30	31
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16 敬老の日	17	18	19	20	21
22	23 秋分の日	24	25	26	27	28
29	30	1	2	3	4	5

10

October

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
22	23 秋分の日	24	25	26	27	28
29	30	1	2	3	4	5
6	7	8	9	10	11	12
13	14 体育の日	15	16	17	18	19
20	21	22 即位礼正殿の儀	23	24	25	26
27	28	29	30	31	1	2

11

November

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
27	28	29	30	31	1	2
3 文化の日	4 振替休日	5	6	7	8	9
10	11	12	13	14	15	16
17	18	19	20	21	22	23 勤労感謝の日
24	25	26	27	28	29	30
1	2	3	4	5	6	7

12

December

2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
24	25	26	27	28	29	30
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30	31	1 元日	2	3	4